

From the Editor –

### The Power of One + more than One

Back in the nineties, the Power of One became a popular phrase meaning one person could make a difference.

Making a difference of course works both ways. One person can be Lavender Broom's noisy neighbour who makes others' lives a misery. Or one person can be someone who co-operates with neighbours and augments what can be achieved by all. It seems a bit trendy right now to live in a bubble and not get involved in others' lives. But it can lead to isolation and missing out on being part of a community. And the rest of us are missing out on that person's unique contribution to life in Totterdown, big or small. Besides, it's a buzz to overcome the inevitable minor differences between neighbours, and pull together to make things happen in our local area. No one else is going to do it for us, not the City Council, not the PM, not rich corporations. They wouldn't get it right anyway. Only we know what's right for here. And we can do more together than we can on our own. Which is why, yet again, we're inviting you to join TRESA. If you don't fancy what TRESA is doing, bring your ideas. Make TRESA different. Come and make a difference.

**Letters** – In the summer issue of The Talk of Totterdown, a mobile phone hating resident pointed out that not all plastic can be recycled at the bank opposite the Oxford pub. So what plastic can be recycled? Kate Pollard unearthed the following information.

Recresco, the plastic recycling company, have asked for plastic containers with ID numbers 1-2. But they cannot recycle plastic type 3, 4, 5, 6, 7, plastic toys, plastic bags (but Somerfield in Broadwalk recycle bags), cling film or bubble wrap, non-plastic items (doh! but somebody must be putting such stuff in, otherwise they wouldn't advise us not to), video cassettes or drain pipe. If there is no Plastic ID on the item, the general rule for plastic bottles should be followed. This is because most plastic bottles are type 1 or 2. Please don't put in any items that do not fit through the round opening in the bank as these damage their machinery.

When the bank is full, please be a lovely Totterdowner and ring 01623 721006 to ask Recresco to empty the bank. Thank you!

### Totterdown Green – by Tim Sterling

As you may have seen in the Evening Post, an application has been made to register the open space outside the YMCA building (sometimes known as Zone N) as a Town Green. Zone N easily fulfils all the necessary criteria and we have amassed very persuasive documentation in support of the application.

Zone N is owned by Bristol City Council and, obviously, they do not have to sell or lease it to anyone else. Nevertheless, there have been attempts by developers to build on Zone N over the years and these have generated considerable opposition from local people who value this Green space. Town Green status would protect Zone N from development and preserve it for local residents to continue to enjoy. Developers would not be able to profit at our expense by, for example, making it into a private car park. If Zone N is granted Town Green status then the next stage is to start applying for grants to enhance Totterdown Green.

The recent TRESA garden festival culminated in a gardeners market on Zone N on Sunday 16<sup>th</sup> July. This was a first for TRESA and we were all thrilled at what a success it was. A team of TRESA volunteers were there the day before armed with shovels, stiff brushes and litter picking kit (thanks to Clean & Green). About 15 bags of rubbish were collected and the site really was transformed. There was overwhelming support for the Town Green application and many of you said how pleased you were that Zone N had been given a (late) spring clean.

Zone N is a valued green lung right at the centre of Totterdown and it is a key focal point that is passed by thousands of people every day. We are optimistic about its future. ✂



### 'Real Nappies' don't cost the Earth - by Alyce Griffith

Have you ever stopped to wonder what happens to all those disposable nappies filling up your wheelie bin? They will all go to landfill. It has been calculated that one baby's disposable nappy waste in one year will fill over 12 wheelie bins!

It's a sobering thought especially when you consider that the annual cost of the UK's nappy disposal is around £40 million. That's why you will find Councils, like Bristol, offering £30 cash incentives to encourage parents to use cloth nappies.

Modern cloth nappies can perform as well as a disposable nappy, are made from natural fibres and dramatically reduce the environmental impact of your nappy use. You may think it sounds like hard work but a laundry service can take your dirty nappies away and deliver clean ones every week. This allows parents to try cloth nappies with plenty of support and advice and little initial cost.

Babeco is a not-for-profit community enterprise with funding from the Big Lottery Fund's CRED Programme to help reduce nappy waste going to landfill and provide jobs and training opportunities for local women. Babeco make their own range of cloth nappies and offer a subsidised nappy laundry service. The subsidised service is available to anyone living in Ashley, Easton, Lawrence Hill or Windmill Hill wards at £6.50 per week or anyone on low income. Outside these wards you can support their work and use their laundry service for £8.05 per week.

You can find out more by visiting their shop at 90 Lower Cheltenham Place, their website [www.babeco.co.uk](http://www.babeco.co.uk), e-mailing [sarah@babeco.co.uk](mailto:sarah@babeco.co.uk) or calling 0117 935 1609. Their outreach workers could visit you to explain more.

Contact the Create Centre on 0117 930 4355 to apply for the Council incentive scheme. Facts and figures sources from: [www.wen.org.uk](http://www.wen.org.uk) ✂



### Come Together – by Ed Bramall

Do you care about Totterdown? Want to get to know your neighbours? Then join TRESA...

Set up by a group of local residents less than a year ago, TRESA is dedicated to making Totterdown an even better place to live – by encouraging social activities and working to protect and improve our environment.

So, if saving the world is your thing, you could join TRESA to help us share ideas about how we can do more to reduce pollution and our impact on the planet, and encourage greater biodiversity in Totterdown. Or, if you're more into caring for our local open spaces, you could join us in bulb planting or litter picking sessions, help us to provide more public art, or support the regular outdoor events (like community picnics and markets) that we would like to organise. You might prefer less strenuous activities, so how about joining TRESA so we can set up a book sharing scheme, establish a group who go out together to enjoy Totterdown's growing bar and restaurant scene, or attend the live music events we would love to be able to set up at local venues? Do you have an unusual – or not such an unusual – hobby or interest that other people might share: would an online community noticeboard hosted by TRESA help? Are there services that are not currently available in the area that you think TRESA could help provide?

For example, someone contacted TRESA about setting up a Totterdown Band made up of people who play an instrument or sing, and are interested in making music in Totterdown (please tel Daniel on 07980657160 or email [danapioan@hotmail.co.uk](mailto:danapioan@hotmail.co.uk) for details). Whilst TRESA's Talk of Totterdown enables Totterdowners to contact each other this way, TRESA could also help organise events for such a Totterdown Band or bands.

The possibilities for TRESA are limited only by our imaginations – and by having people, like you, who are prepared to share their ideas, and then help us to make them a reality.

Every week, more and more people are joining TRESA from all over Totterdown – but we need even more members if we are going to achieve everything we would like. So, whether you live in Hawthorne Street or New Walls, Knowle Road or Richmond Street: TRESA needs you!

To join TRESA simply email [membership@tresas.org.uk](mailto:membership@tresas.org.uk), phone 977 6744, write to us c/o PATCO, 109-111 Wells Road or visit [www.tresas.org.uk](http://www.tresas.org.uk) ✂

### One World Crystal requires Homeworkers

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